

QUESTION:
What is the
number one
risk factor for
Alzheimer's?



ANSWER:
Having a brain.

Please join us on
Tuesday, October 10, 2017
6:30-8 p.m.
for a Kennedy Heights
gathering about becoming
a dementia-inclusive
neighborhood.



Dear Kennedy Heights Neighbor,

You are invited to an important community meeting on **Tuesday, October 10, 2017**. This is a meeting that you will not want to miss. We will share information about the Kennedy Heights Development Corporation & Community Council's work related to becoming a dementia-inclusive neighborhood. Also, we have invited local leaders to join us at our meeting to discuss a topic that impacts us all – Alzheimer's/Dementia and Aging in Community.

With a growing senior population, Kennedy Heights must be aware of the realities of aging:

- 10,000 Baby Boomers turn 65 each day!
- More than 200,000 Ohioans are living with Alzheimer's and it is the 6th leading cause of death in Ohio.
- More than 15 million Americans provide unpaid care for people with Alzheimer's or another form of dementia.

This disease is touching every life in our neighborhood in some way. The Kennedy Heights Development Corporation and Community Council are aware of these statistics and are becoming recognized leaders in helping residents age well in our community.

Because of this focus, we have partnered with the Dementia-Inclusive Cincinnati Team to provide an informative evening designed to get us all thinking about how we can help ourselves, and one another! Episcopal Retirement Services in partnership with Vice Mayor David Mann, Councilman P.G. Sittenfeld, the City of Cincinnati, and the local chapter of Alzheimer's Association have been pulling together resources to train neighborhoods like Kennedy Heights.

At our meeting on October 10th we will begin the dialog about these issues. We want to hear your ideas about how to enable our seniors to continue to live well in Kennedy Heights. In addition, we will have experts, resources, and takeaways to assist you and your network of family and friends. **We hope you will join us!**

Sincerely,

Steve Grieser
KHDC's Chair of the
Aging in Community Team

Paula Kollstedt
Executive Director
Alzheimer's Association,
Greater Cincinnati Chapter

Laura R. P. Lamb
President & CEO
Episcopal Retirement Services

Kennedy Heights Community Gathering Tuesday, October 10, 2017

6:30-8 p.m. at the KHAC Lindner Annex, 6620 Montgomery Road