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CINCINNATI, OH
PERMIT NO. 1481

FROM COUNCIL ON AGING: DEMENTIA VERSUS NORMAL AGING

It is important to know the difference between normal changes in memory and those that may be indicative of dementia. During the aging process, it is possible that an individual may begin to experience some changes in cognitive abilities. While some of these may be normal, others might be signs of dementia. Below is a comparison of normal and abnormal changes in cognitive functioning. If you have concerns, it is advisable to consult a physician.

Normal Aging	Sign of Dementia	
Stating that memory loss has occurred, but able to provide details about incidents of forgetfulness.	Only indicating memory loss when specifically questioned on the topic and unable to recall specific incidents of forgetfulness.	
Maintaining interpersonal skills at a consistent level.	Exhibiting loss of interest in social activities and behaving in a socially inappropriate manner.	
Experiencing occasional difficulty finding the right words to use.	. Experiencing frequent word searching, pauses and substitutions.	
Maintaining ability to converse as usual.	Experiencing a noticeable decline in ability to carry on a conversation.	
Having to pause momentarily to remember directions in a familiar area, but not getting lost.	Getting lost in a familiar area.	
Making an occasional error when completing a familiar process.	Having continual difficulty remembering how to complete a familiar process.	
Misplacing an item from time to time.	Placing an item in an unusual place and having difficulty retracing steps. Possibly accusing others of theft.	

NEIGHBOR TO NEIGHBOR TO NEIGHTS COMMUNITY

MAR/APR 2018

REGISTER TODAY! 25TH ANNUAL SAP RUN: APRIL 7, 2018



Mark your calendars! On April 7, the Kennedy Heights Community Council is having its 25th Annual Sap Run. This is a family-friendly event, and bigger than ever! There will be a variety of activities for the whole family:

- 5k / 10k / 15k The course is no easy bike path. The Kennedy Heights neighborhood is built on hills and will challenge any runner. Getting ready for the Flying Pig Marathon? Come test your endurance on this course.
- A family bike ride, led by local pro cyclists, who will also lead a bike safety lesson
- Raffles and giveaways
- An amazing Maple syrup-oriented breakfast / brunch
- A kid's race

We need volunteers to help this event be successful! Register for an activity and sign up to volunteer, or both!

https://runsignup.com/Race/OH/Cincinnati/25thSapRun

Stay up to date on the latest news and announcements by connecting with us on Facebook: https://www.facebook.com/KennnedyHts/

ANNOUNCING 2018 ARTIST IN RESIDENCE

he Kennedy Heights Arts Center welcomes filmmaker and poet Susan Halpern as the 2018 Artist in Residence! Each Spring, with support of the Ohio Arts Council, KHAC hosts an artist to engage with our community for four weeks. Ms. Halpern will be working with individuals of all ages to create a collaborative project utilizing digital media. Join us in learning how to use technology to create a short video piece. No experience necessary! FREE to participate, but registration is required as space is limited. Check www.kennedyarts.org in late February for more details and to register.

UPCOMING EVENTS

Saturday, March 3 10th Annual Student Art Show Opening Reception at KH Arts Center

6:00 p.m. - 8:00 p.m.

March 3 - April 7
10th Annual Student Art
Show
at KH Arts Center
Gallery Hours are
10:00 a.m. - 5:00 p.m. M-F
11:00 a.m. - 4:00 p.m. Sat

Tuesday, March 20 KH Community Council Meeting at KH Presbyterian Church 6:30 Free community dinner 7:30 Meeting

Saturday, April 7 25th Annual Sap Run 8:00 a.m. Volunteers 9:00 a.m. Races and breakfast

Tuesday, April 17
KH Community Council
Meeting
at KH Presbyterian Church
6:30 Free community dinner
7:30 Meeting

Saturday, April 21
"Rapunzel" from Playhouse in the Park's Off the Hill at KH Montessori Center FREE, Donations accepted 7:00 p.m.

2018 KENNEDY HEIGHTS COMMUNITY COUNCIL BOARD MEMBERS

PRESIDENT: VOLUNTEER NEEDED

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CONNECT WITH THE KHCC ON FACEBOOK AND TWITTER!



@KennedyHts



@KHCCORG

KENNEDY HEIGHTS ARTS CENTER NEWS

rt Exhibitions and Summer Camps!

Don't miss the exciting new events happening at the Kennedy Heights Arts Center



10th Annual Student Art Show

Opening Reception: Saturday, March 3rd, 6:00 p.m. - 8:00 p.m.

Exhibit Runs: March 3 – April 7

Gallery hours: M-F 10:00 a.m. - 5:00 p.m.

Sat. 11:00 a.m. - 4:00 p.m.

Kennedy Heights Arts Center proudly presents the 10th Annual Student Art Show. Come celebrate the talented work of KHAC youth and adult students, as well as the artwork of selected students from local elementary schools, including Pleasant Ridge Montessori, Woodford Paideia, Nativity Elementary, The New School Montessori, and Academy of World Languages. This show is sure to inspire artists of all ages!

Summer Camp at Kennedy Heights Arts Center



Get CREATIVE this summer by participating in one (or more) of our fun-filled art camps for youth ages 5-13. We offer a variety of one-week camps exploring visual arts, dance, photography, video, music and theatre. Each camp runs from 9:30 a.m. - 2:30 p.m.

Extended care is available for all camps from 8:30 - 9:30 a.m. and 2:30 - 5:30 p.m. for a fee of \$10 per day. Sliding scale fees available for those in financial need.

Camp descriptions and registration will open March 1st.

Volunteer opportunities for teens ages 14-18.

More information and registration can be found at www.kennedyarts.org or call 513-631-4278

CONGRATULATIONS, LYDIA AND NOEL!



Marian Korte

Our own Lydia and Noel Morgan were honored with the League of Women Voters' Making Democracy Work Award on February 10, 2018. The award is presented to those who have empowered citizens to shape better communities.

Lydia Morgan was a teacher in Blue Ash, where she helped create an after-school program for children. Noel Morgan has represented low-income tenants and homeowners with the Legal Aid Society. The couple also established the annual Juneteenth Festival, a celebration of the end of slavery that educates and entertains attendees.

Thanks, Lydia and Noel. We are proud of you!

FRIENDS OF KENNEDY HEIGHTS, DECEMBER 25, 2017-FEBRUARY 1, 2018

We extend our thanks to those who contributed as a Friend of Kennedy Heights December 25, 2017 through February 1, 2018. Your support makes our neighborhood programs and projects possible. Send your gift to KHCC, PO Box 36318, 45236 or donate online at www.kennedyheights.org. Every gift counts!

If we have inadvertently omitted your name, please inform us.

Anonymous Kelly & Joe Leanza Sonja Rethy
Ernestine Bryant Mark & Lynn McDonald M. R. Sullivan
Claude & Marilyn Cochran Sarah McMillan Russell Williams
Shirley Dunham Melissa McNally Mary Wolfe
William & Anne Hamilton Romona Mayo

Carolyn Osborne

Donation: Please check amou Cash or check is accepted.	nt. Name:	
\$15.00	Address:	
\$25.00	City/State/ZIP:	
\$50.00	Email:	
\$100.00 Other amount: \$	Include my name (only) in the newsletter as a Friend of t	he Community:YesN

PLEASANT RIDGE LIBRARY

Please note that some events/classes require pre-registration, which can be done in person at the branch, online at www.cincinnatilibrary.org, or by calling 513-369-4488. For questions about any of the events or classes, please contact the branch. Please check the branch calendar for possible additions to the schedule. There's lots of FREE fun in store for children and adults at the library.

ALL LIBRARY LOCATIONS ARE CLOSED APRIL 1!

Ancient Art from the UC Classics Study Collection.

Adults, Teens, Children. Tues. 4/10. 6:30 p.m.

Art for Kids! Learn about an artist and make a different project every month. Ages 4-12. building blocks and connectors Tues. 3/20, 4/17. 4:00 p.m.

Cool Science! Make a different science project every month. Advanced registration requested. Ages 5-12. Thurs. 3/8, 4/12. 4:00 p.m.

Get Crafty. Call the branch for March's craft. Pre-registration is **Maker Monday.** Ivory Soap required. Adults, Teens. Mon. 3/19, 4/16. 6:00 p.m.

Hands on Chemistry with Miami University! Children, Teens. Mon. 3/12. 4:00 p.m.

Happy Birthday, Dr. Seuss! All Ages, Children. Sat. 3/3. 2:00 p.m.

Let's Go Lego & Other **Building Bricks!** Build with Legos. Duplos, and other on the third Friday of every month! Ages 3-12. Fri. 3/23, 4/27. 4:00 p.m.

Make It, Take It Craft! Get creative! Snacks provided. Teens.

Science. Teens. Mon. 4/9. 4:00 p.m.

Mon. 3/19. 4:00 p.m.

Tales to Tails with Ruby. Mon. 3/5, 4/12. 4:00 p.m.

Teen Chef! Teens. Mon. 4/16. 4:00 p.m. **Pleasant Ridge Book Club**

Call the branch, 513-369-4488, for each month's title. Adults.

STORY TIMES

NEIGHBOR TO NEIGHBOR NEWS • MAR/APR 2018

Come join us for one of our story times:

Library Babies and Toddler Time! Ages 0-36 mos. Wednesdays, 10:00 a.m.

Preschool Story Time Registration required. Ages 3-6. Wednesdays, 10:45 a.m.

AIKIDO OF CINCINNATI ANNOUNCES GRAND OPENING OF NEW LOCATION

ikido of Cincinnati has been operating in Cincinnati since 1972, and completed its move to Kennedy Heights in late December. Regular classes began January 20th. Aikido is a Japanese martial art that focuses on meeting attacks with throws or pins. The circular movements allow an aikido practitioner to blend with the energy of an attack to resolve conflict, neutralizing attacks without injury to either the attacker or defender. The dojo (martial arts school) is a 501(c)(3) nonprofit organization, and holds classes daily for children, youth and adults. Aikido of Cincinnati is excited to be a new member of the Kennedy Heights Community and welcomes visitors! For more information, please stop by the dojo at 6620 Montgomery Rd, or visit us on the web at www.aikidocincy.org.

DISTRICT A CELEBRATES 10 YEARS!









n Saturday, April 21, at 7:00 p.m., Kennedy **Heights Montessori Center and District A** will bring you Cincinnati Playhouse in the Park Off the Hill!

It's your last chance this year to enjoy the professional quality and performance value that our Playhouse 'Off the Hill' season brings to District A community venues. See *Rapunzel!* You may remember the plot, but you'll find more to love in this new new adaptation by Mike Kenny!

Rapunzel lives with Nan (loving, yet very overprotective) after her mother leaves to cross the big sea. Year after year, Nan builds their tower higher and higher to protect them both from the disgraceful world below. Every year, Rapunzel's hair grows longer, and so does her curiosity about all that's outside her tower. It isn't until a local boy, Rafi, discovers her and befriends her that Rapunzel finds the courage to be free.

Come to Kennedy Heights Montessori Center (KHMC), at the corner of Montgomery and McHugh, part of the Kennedy Heights Cultural Campus. When you arrive, you're invited to explore the amazing KHMC facilities before you smile your way through a classic tale told in 21st century style.

Show time is April 21, 7:00 p.m. Arrive at 6:00 p.m. for picnic foods available for purchase, and fun crafts, too. At 8:00 p.m. all actors and audience members get a chance to talk to each other.

No ticket needed. Donations (\$5/adults) are happily accepted at the door, but not required. Children are always free and everyone's always welcome!

Whether you come alone or bring your neighbors, your family or your grandchild, we guarantee you'll get hooked on this uniquely professional, community, family theater. Have a question? Email info@district-a.org or phone 513-557- 3850. Additional information is also available at www.district-a.org or www.cincyplay.com

SAVE THE DATE FOR MEMORIAL DEDICATION: JUNE 9



on't miss the dedication of the memorial to former Kennedy Heights resident and Tuskegee Airman Lt. John Leahr. Saturday, June 9, 2018, 11:00 a.m. at the Kennedy Heights Arts Center. Reception to follow.

Courtis Fuller will emcee the event. Special guests include Leahr's sons Art and John Leahr, as well as other living Tuskegee Airmen.

MEET YOUR NEIGHBORS: ROGER AND VELMA MITCHELL

teacher once told Roger Mitchell, "If you

ever need anything, call on God." That advice was more useful than the teacher probably ever could have anticipated. When Roger was newly married and needed to support a family, he prayed for guidance. He received the message: "30x30." What it meant, was that if he could mow thirty lawns a week at \$30 each, that would be enough to get by. Believing that God would provide, he invested all his assets in purchasing a truck and a mower, and he started mowing.

He went the extra mile with his customers to exceed their expectations. The leap of faith paid off: Today he is the owner of GroundTakers, a family-owned and operated total ground control business. The business has been at the corner of Kennedy and Woodford since 2000.

Roger and his wife, Velma, live in Pleasant Ridge and serve residential and commercial customers all over Greater Cincinnati and Northern Kentucky. Roger will tell you that his secret to success is honoring his word and not overpromising.

GroundTakers offers four-seasons ground control including fertilizing, weed control, mowing, mulching and snow removal. He'll look at your current lawn and design and install a landscape that fits your budget and can include trees, shrubs, flowers and rock features.

"I like to beautify peoples' homes and make it feel good to them," Roger says.

Velma handles the administrative side of the business. Their son John, a student at UC, helps as well, "because it's a family business."





Roger and Velma Mitchell

A lot has changed since he started, when trimming was done with hand clippers. Roger keeps up with the latest in his profession through courses and reading. For example, you may not know this, but when you pull a weed you are planting 100 others. The process actually loosens the soil where the weed seeds have fallen and they will geminate within a week.

If you want to meet a really nice guy and get help with your lawn, visit Roger at GroundTakers.

www.groundtakers.org 513-616-4160 5920 Kennedy Ave Cincinnati, OH 45213

TELLING THE KENNEDY HEIGHTS STORY

YONONTE INN

Contributed by Ernie Barbeau

The next few installments will discuss the Yononte Inn, an impressive structure from the 1880s that was situated near Davenant Avenue. The hotel was intended to be the cornerstone of a subdivision for Cincinnati's wealthy families, where they could maintain summer homes away from the heat of the city but within commuting distance on the CL&N Railway. It closed in 1907 and burned down in 1909.

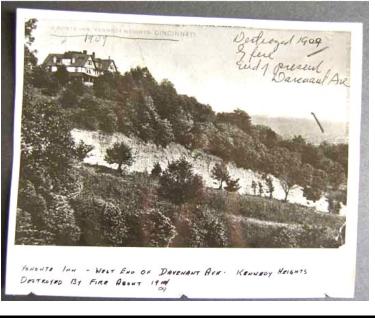
To start the series, please enjoy these historic images.

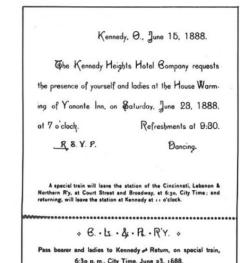
Right: The Yononte Inn had fifty rooms and a country club

Bottom Left: View from the Robison/Kennedy area, looking eastward, with the Inn at the top of the hill

Bottom Right: The invitation for the June 23, 1888 "House Warming" opening celebration.







THE KENNEDY HEIGHTS HOTEL CO.