

KENNEDY HEIGHTS COMMUNITY COUNCIL P.O. BOX 36318 **CINCINNATI, OH 45236**

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KENNEDY HEIGHTS DEMENTIA INCLUSIVE PROJECT



urrently, dementia is one of the leading cause of dependency and mental impairment among the elderly population. At the same time, the responsibility

of caregiving can put a person at increased risk for health problems. An estimated 30 to 40 percent of dementia caregivers will experience depression, high levels of stress, or burnout.

Kennedy Heights offers a Caregiver Support Group to better serve both people with dementia by better serving their caregivers. The group meets on the 4th Tuesday of every month from 6:30-7:30 p.m. at Kennedy Heights Presbyterian Church's Caring Place. The group is open to anybody, you can sign up at any time, and there is no cost. For questions or to register, contact Sharifah Tafari at 513-841-1499.

Meanwhile, here are quick tips to reduce the risk of bathroom injury:

- Do not leave a severely impaired person with Alzheimer's alone in the bathroom.
- Remove the lock from the bathroom door to prevent the person with Alzheimer's from getting locked inside.
- Place nonskid adhesive strips, decals, or mats in the tub and shower. If • the bathroom is uncarpeted, consider placing these strips next to the tub, toilet, and sink.
- Use raised toilet seats with handrails or install grab bars by the toilet.
- Install grab bars in the tub/shower. A grab bar in contrasting color to the wall is easier to see.
- Use a foam rubber faucet cover (often used for small children) in the tub to prevent serious injury, should the person with Alzheimer's fall.
- Use a plastic shower stool and a hand-held showerhead to make bathing easier.
- Use a single faucet that mixes hot and cold water to avoid burns.
- Store medications (prescription and nonprescription) in a locked cabinet. Check medication dates and dispose of outdated medications.
- Remove cleaning products from under the sink or lock them away.
- Use a night-light.

PLAY IN THE PARK: OFF TO A GREAT START





Play in the Park Cincinnati is a neighborhood movement that enriches community by maximizing the use of parks for the enjoyment of residents of all ages. The festivities occur every Wednesday, starting at 6:30 p.m. in Kennedy Heights Park. There will be no event on July 3, in observance of Independence Day.

NEIGHBOR TO NEIGHBOR NEWS BY, FROM, AND FOR THE KENNEDY HEIGHTS COMMUNITY

JUL/AUG 2019

UPCOMING EVENTS

Sunday, July 14 Jazz In The Heights Vocalist Dixie Karas at KHAC Lindner Annex 2:00 p.m.

Tuesday, July 23 Mary Poppins Returns: Movie, Activity, and Snacks at Pleasant Ridge Library 2:00 p.m.

Tuesday, July 23 **Alzheimer's Monthly** Support Group At KH Presbyterian Church 6:30-7:30 p.m. 513-841-1499 to register

Sunday, August 4 **Jazz In The Heights** Dan Faehnle of Pink Martini with Jim Connerly Trio at KHAC Lindner Annex 2:00 p.m.

Tuesday, August 20 **KH Community Council** at KH Presbyterian Church 6:30 p.m. FREE Dinner 7:30 p.m. Meeting

Tuesday, August 27 **Alzheimer's Monthly** Support Group At KH Presbyterian Church 6:30-7:30 p.m. 513-841-1499 to register

2019 KENNEDY HEIGHTS COMMUNITY COUNCIL BOARD MEMBERS

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> CONNECT WITH THE KHCC ON FACEBOOK AND TWITTER!



@KHCCORG

LETTER FROM THE PRESIDENT

have greatly enjoyed serving in various capacities with Kennedy Heights Community Council over the past few years. As my responsibilities shift with both work and family, I have had to adjust my time commitments. Unfortunately, I am finding it hard to find the time required to serve as President of KHCC in the capacity that the position deserves.

I intend to serve out my remaining term, as well as help to find replacements and manage the transition as smoothly as possible. We have plenty of time to still achieve everything that we will need to for this year, and to find a suitable replacement. I ask you all to join me in the search for the person right for this role.

This was not an easy decision and I still intend to be a presence in our community. I appreciate your understanding, and look forward to an amazing summer in Kennedy Heights. I hope you will join me in enjoying Play in the Park, Jazz in the Heights, gallery openings, block parties and more

- Douglas Linn, President

IN GOD'S HANDS 20 YEARS CELEBRATION



wenty years ago, a prayer service was held in the park. Following the service, the Community Outreach Ministry of First Baptist Church of Kennedy Heights was formed. At the time, "the pit" (an area

park) was drug-infested and not safe for children. The Outreach ministry began clean-up. Then, the ministry began to meet every Sunday after service, praying for the community. We believe this fellowship marked the turning point of the rampant drug problem in the park. Out of this initiative, In GOD'S Hands Christian Youth Center was born.

In honor of 20 years of caring for our community, we will be celebrating "Harambe," which means "working together, pulling together, helping each other, caring and sharing." Join us for Food, Fun and Music. Celebrate with us!

> August 2, 2019 12:00 p.m. - 5:00 p.m. At the "Tot Lot Park," 3808 Zinsle Ave

NEIGHBOR TO NEIGHBOR NEWS • JUL/AUG 2019

FRIENDS OF KENNEDY HEIGHTS: APRIL 1, 2019 - MAY 31, 2019

Thank you to those who gave a gift to Kennedy Heights in April and May at the invitation of Bob Kamp, by mail, and online. Your generosity makes our programs possible. We invite you a sustaining member by giving monthly using the Donate button on our website, kennedyheights.org. *If we have inadvertently omitted your name, please inform us.*

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Please mail this completed form and payment to: P.O. Box 30 options—including credit card payments—are available at w Community Council is a 501(c)3 not-for-profit organization.

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le donation supports the bi-monthly newsletter and the events	
(only) in the newsletter as a Friend of the Community:YesNo 6318, Cincinnati, OH 45236. Other one-time or recurring payment ww.kennedyheights.org using PayPal. Kennedy Heights	

PLEASANT RIDGE LIBRARY

Please note that some events/classes require pre-registration, which can be done in person at the branch, online at www.cincinnatilibrary.org, or by calling 513-369-4488. For questions about any of the events or classes, please contact the branch. Please check the branch calendar for possible additions to the schedule. ALL BRANCHES CLOSED ON JULY 4TH.

Adventure Lab! Drop-in STEAM Activities. Grades 6-8. Tues. 7/10, 7/17, 7/24, 7/31, 8/7, Fri. 7/26, 8/23, 4:00 p.m. 2:30 p.m.

Aloha, Hawaii! Hawaiian Hula, **Treats & Make Paper Flower** Leis. Kids. Tues. 7/30, 2:00 p.m.

Art for Kids! Ages 4–12. Tues. 7/2, 8/20, 4:00 p.m.

Back to School Scavenger Hunt. Kids and Teens. Tues. 8/13, 2:00 p.m.

Cool Science! Ages 5–12. Thurs. 7/16, 8/15, 4:00 p.m.

It's Your Story! A new program for girls entering Grades 1-5. Fri. 7/12, 7/19, 7/26, 8/2, 8/9, 2:00 p.m.

Bricks! Ages 3–12.

Letters to My Palestinian Neighbor. Adults. Thurs. 8/8, 6:00 p.m.

Make It, Take It Craft! Teens. Mon. 7/15, 4:00 p.m.

Maker Monday. Teens. Mon. 7/8, 8/12, 4:00 p.m.

Mary Poppins Returns Movie, Activity, and Snacks. All ages. Tues. 7/23, 2:00 p.m.

Sensory Playtime! Ages 0-5. Sat. 7/13, 8/10, 10:30 a.m.

STEAM Adventure Space Cadets. Grades 3-5. Thurs. 7/18, 2:00 p.m. Registration required. Limited to 20 students.

Let's Go Lego & Other Building Tales to Tails with Ruby or Holly. Mon. or Thurs. 7/1, 7/18, 8/5, 8/22. 4:00 p.m.

> **Teen Chef!** Mon. 8/19. 4:00 p.m.

Pleasant Ridge Book Club. Adults. Call the branch for the

month's title. Thurs. 7/11, 8/8. 2:00 p.m.

STORY TIMES

Join us for one of our story times:

Library Babies and Toddler Time! Ages 0-36 mos. Every Wed., 10:00 a.m.

Preschool Story Time Registration required. Ages 3-6. Every Wed., 10:45 a.m.

IT'S NOT TOO LATE TO EMBARK ON A SUMMER READING ADVENTURE



Read, explore, and create this summer to give your brain a boost. The Adventure started June 1, but all ages can still participate in this free program. No Library card required.

Stop by any Library location to get your Adventure Kit. Use your passport as a guide to your Summer Adventure. Record your reading and other learning activities, and check in at the Library once per week to earn prizes. At each weekly check in, you will also be entered for a chance to win the Grand

Prize, four tickets to Coney Island! Winners will be chosen on August 1.

We recommend reading at least 20 minutes each day as part of your Summer Adventure. Each Adventure week has a theme to serve as a guide for learning all summer.

ARTS IN KENNEDY HEIGHTS

JAZZ IN THE HEIGHTS

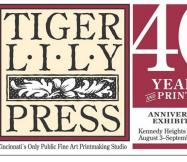


Vocalist Dixie Karas | Sunday, July 14 Dan Faehnle of Pink Martini with Jim Connerly Trio | Sunday, August 4



Events include pre-concert receptions with complimentary lite bites and cash bar. Tickets are \$15 in advance, \$20 at the door. All proceeds benefit KHAC's programs for adults and youth. Purchase tickets online at www.kennedyarts.org or call 513-631-4278.

IN THE GALLERY: TIGER LILY PRESS 40TH ANNIVERSARY EXHIBITION



View diverse artworks from past and present members of YEARS Tiger Lily Press, Cincinnati's only public printmaking studio, ANNIVERSARY EXHIBITION in an exhibition that celebrates 40 years of making prints. Heights Arts Cente -September 14, 201 Learn more about the process of printmaking and the history of the studio via this special exhibit, lectures and two workshops to be held during the run of the show.

Join us for the Opening Reception with light refreshments on Saturday, August 3rd from 6-8pm. Full event schedule at www.kennedyarts.org

This summer concert series features world-class jazz performers in our Lindner Event Center. All concerts take place at KH Arts Center's Lindner Annex, 6620 Montgomery Road at 2:00 p.m. Free tickets are available for Kennedy Heights residents by calling 513-631-4278.

August 3 - September 14

Opening Reception:

Saturday, August 3rd, 6:00 - 8:00 p.m.

NOTABLE NEIGHBORS: THE ART VISIONS OF KATE KERN

Contributed by John Bange



s a child Kate Kern was always drawing; it was her way of expressing herself. As a visual artist, it is still her favorite form of expression to this day. She creates drawings, artists' books, installations and stop motion animations.

Born in Milwaukee, Wisconsin, Kate received a BFA from University of Dayton, and an MFA from University of Cincinnati. In 1987, Kate and her husband, Pat MacVeigh, were looking for a house that was ready to move into, with a 3rd floor studio for her work. They found such a house in Kennedy Heights, on Robison Road, and have lived there ever since. Their neighbors, through the Robison Road Garden Club, were very welcoming.

Kate was inspired to get involved in community activities thanks to her mother's example. With some gradual coaxing by

neighbor and then-KHCC President Carl Schmidt, as well as community beautification expert Mimi Gingold and Bob Kamp, Kate became involved in the Kennedy Heights Community Council's Beautification Program. She eventually became chair. Her current personal volunteer focus is on Kennedy Heights Park. In about 2000, Schroder High School left their Lumford location (adjacent to KH Park). Kate helped create the Kennedy Heights Park Advisory Council to harness the community's concern about what would be done with the property. In recent years, Kate has worked on Susan Wade Murphy's team to facilitate the Play In The Park program in KH park.

The Kern/MacVeighs appreciate Kennedy Height's sense of history, its diversity, and its superb canopy with large trees and wildlife. They also appreciate how residents are open to new ideas and concepts, such as the neighborhood intentionally becoming an arts community!

Kate's portfolio is extensive. Honors include grants from the City of Cincinnati, the Ohio Arts Council, Arts Midwest and Summerfair. She was a fellow at the Virginia Center for Creative Arts in 2011 and an artist in residence in 2017 at the International School of Beijing. Kate recently won an Individual Excellence Award from the Ohio Arts Council for her interdisciplinary work. This award is peer recognition of Ohio artists for the exceptional merit of a body of work that advances or exemplifies the discipline and the larger artistic community. Her work can be found in many collections across the country. Kate has a studio in the Kennedy Heights Art Center Lindner Annex and heads the Kennedy Heights Advisory Council. Please visit Kate's website: www.katekern.com

Kate's daughter, Aurora MacVeigh, and her son and daughter-in-law, Max and Abby MacVeigh, both live close by in Pleasant Ridge.

We are pleased to know that this visual artist had a vision to make a life and a home in our wonderful community of Kennedy Heights!

TELLING THE KENNEDY HEIGHTS STORY #19

Contributed by Ernie Barbeau

The Village Years 1896-1914 Part 1

In this year's first issue of the newsletter, I discussed the trove of historical documents found at UC's Rare Books Archive Center related to the eighteen years that our neighborhood was incorporated as the Village of Kennedy Heights. The Center's documents are related to the governance of the Village, such as its mayors, elected officials, administrative officials, and the Village Council, which enacted laws.

The task of reading hundreds of pages, taking notes, and transferring notes to various Word documents, has taken much more time than expected. Handwritten documents that are more than 100 years old can be very difficult to read. None of the documents are digital, and none can be removed from the Center, so the documents can only be read by being physically present at the Center. Many of the documents are not in chronological order, are filed in a haphazard fashion, or the index is incorrect or misleading. Those frustrations are multiplied by the absence of record keeping, especially of minutes of the Village's Council between 1896 and August of 1902.

It is said that the area then known as Kennedy Heights, a community within Columbia Township, was incorporated as the Village of Kennedy Heights in 1896. But I have not yet been able to find any information from the above trove of documents, or from the *Enquirer*, that validates incorporation occurring in 1896! Hopefully, such evidence will be found over the next few months.

During 1896, the *Enquirer's* interest in our community of less than 300 residents inspired eighteen articles/items focused on the Episcopal Mission at the corner of Kennedy and Aikenside (four items), summer residents like the Holdens of Mt. Auburn (three items), and an "aged women of 60" who worked for a neighborhood dairyman and was driving a horse-driven wagon across a nearby railroad track when she was hit by a train and "thrown several feet into the air." She and the horse died within an hour of the incident.

We know for sure that the Village was a reality in 1897. We had a Mayor, D. W. Thrasher, probably the first mayor, and another neighbor who served as the Clerk to the Village Council, H. H. Grant. *To be continued...*

NOMINATIONS STILL OPEN: 2019 KENNEDY HEIGHTS LANDSCAPE AWARDS



ennedy Heights is full of beautiful landscapes, but is there one that inspires you to reroute your morning walk? Nominate them for an award! You can even nominate yourself. If you don't know the name of the homeowner, submit the address. Submit nominations to kennedyheights.org or 513-984-6867.

Michele Dragga. Michele@kennedyheights.org or 513-984-6867. NOTE: Michele is spelled with one "I."

Deadline for nominations: July 12, 2019. Judging will take place mid-July. *Winners within the last three years or households in Kennedy Heights Landscape Hall of Fame are not eligible.*