

November/December 2022
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Kennedy Heights Community News

On the Street Where Things are "Popping" by John Bange

In the early days of Kennedy Heights, like other places around the world, many babies were born at home, delivered by midwives or doctors. Then, during the mid-1900's, more and more babies were born in hospitals. In the U.S. today, about 35,000 a year are born at home. And while many are planned, some are not. Early this year there was an un-

planned home birth in Kennedy Heights. Kaitlin and Justin Wallace moved here in Octo-

ber, 2019. They welcomed their first child, daughter Remy in April 2018 at Christ Hospital. It was a traditional birth with adequate time to get to the hospital. For their second child, in November, 2019 they had just driven down their driveway onto the street when Kate realized they would not make it to the hospital. They pulled over, and with the help of a 911 operator, Justin delivered Maria in the car. "Maria was born literally on the street!" says Kate.

With her third pregnancy Kate was not anticipating another quick birth. Rather, they were planning on a home birth with a midwife. With a due date of March 1, 2022, Justin jokingly asked Kate to wait so he could watch the Bengals in Super Bowl LVI on Sunday, February 13. Well, his wish came true-but barely. On Monday, February 14, while working from home training her maternity leave back-up, Kate began having some mild issues e. Per her midwife's advice, she drank several glasses of water, laid on her side in bed, and took her conference calls from there. Her midwife was not due back in town until Tuesday evening. Kate continued working and her colleagues were joking with her about working from bed. At 2:42 p.m., she felt a pop. She wondered if her water had broken and went straight to the bathroom. When she realized what had happened, she screamed for Justin to call the backup midwife who quickly began the drive to their house. In the meantime, Justin went to refill Kate's water bottle. By the time he got back, Kate was ready to make a final push.

John Henry was born at 2:49 p.m., just seven minutes after the initial pop. Justin Facetimed their midwife so she could "see" him. Thankfully, the baby boy was crying and everything seemed ok. Kate scooped him up in her arms and wrapped him in a bath towel. Soon, several midwives arrived and confirmed that John and mom were healthy and happy.

A trip to the hospital was not necessary. Now at seven months of age, he is healthy and beautiful! Kate says, "This street and our home have a very special place in my heart!" And Kennedy Heights has a special place in our heart for the Wallace Family!



MARK YOUR CALENDARS!

Daily Snacks, All ages, 3:30-4pm, Norwood & 4-5pm, Bond Hill libraries.

Homework Help, Deer Park library, 3-6pm.

Storytime, Tuesdays, 10:30-Toddlers; 11:15-Preschool, 11-Craftivity, All Ages. Community Happens Here, 6238 Montgomery Rd.

Adult Book Club, 11/10, 2pm, The Coffee Exchange, 6041 Montgomery Rd.

Human Books, 11/12, 11-4pm. All Saints Episcopal Church, 6301 Parkman Place.

KH Community Council 11/15, 7:30-8:30pm, In person and virtual.

Winterfest, 12/2, 5-9pm, Kennedy Heights Art Center.

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What A Year! by Amber Zeigler

Our Kennedy Heights Community Council was hard at work throughout 2022 making our neighborhood a great place to live. Here are just some of the accomplishments.

KHCC put on several successful events in 2022 that allowed for residents to gather and spend time together. The March Into Spring expo in March drew hundreds of residents to participate in various activities as well as give input on the Neighborhood Plan. In April, we saw the return of the Sap Run 5k and Community Breakfast, which had about 40 participants and raised \$1088. In June, the Party in the Park event celebrated graduates in our community. Our final event of the year was the Fall Festival in October at Drake Park. Special thanks to volunteers Abby and Aaron Burton for all of their hard work on these events!

Our parks are an important part of our community, and in 2022, we held Green Up Days in Kennedy Heights Park, when volunteers spruced up and planted perennial beds, as well as Triangle Park, when volunteers mulched and planted new trees.

In 2022, KHCC finalized our new Neighborhood Plan and had it approved by City Council for the first time since 2003 (available on our website). Many residents spent countless hours crafting this vision for our neighborhood's future. This plan was also indispensable for developing our vision for the future of the Shroder site.

Our KHCC website is an important informational resource for our residents, and in 2022, our website got a much-needed revamp, thanks to volunteer Eric Ziegler. If you haven't already, check it out at www. KennedyHeights.org. As we resume in-person gatherings, we have implemented hybrid Community Council meetings, giving residents both virtual and in-person options to attend. We also published 6 issues of our newsletter in 2022, spotlighting residents, business, and stories of interest in our community. Special thanks to volunteer newsletter editor Christina Miller!

KHCC raised \$22,843 in grant funding in 2022 for community engagement and events. In addition, over \$8000 in donations was received from residents, thanks largely in part to the door-to-door efforts of volunteer Bob Kamp.

We are looking forward to many exciting things in the new year, including the launch of our youth council, new business developments, and more! None of our accomplishments would be possible without all of the hard work by our volunteers. We give our thanks and invite all residents to join us in 2023!



GREEN UP DAY! at Triangle Park



Become a Friend of Kennedy Heights! Newsletter and the events in and arc	YOUR TAX-DEDUCTIBLE DONATION SUPPORTS THE BI-MONTHLY UND THE COMMUNITY.
Donation: Please check amount. Cash or check is accepted. \$15.00 \$25.00 \$50.00 \$100.00	Name: Address: City/State/ZIP: Email:
Other amount: <u>\$</u>	
Please mail this completed form and pay	THE NEWSLETTER AS A FRIEND OF THE COMMUNITY:YESNO MENT TO: P.O. BOX 36318, CINCINNATI, OH 45236. Other one-time or recu ARD PAYMENTS—ARE AVAILABLE AT WWW.KENNEDYHEIGHTS.ORG USING PAYPA 501(C)3 NOT-FOR-PROFIT ORGANIZATION.

Landscape Award Winners by Michele Dragga

This year's winners of the Landscape Award Contest were chosen from a field of nineteen nominations. Entries were judged on a scale of 1-10 in the categories of design, maintenance, and color/texture. There were so many beautiful landscapes this year that in addition to the five winners, the judges named five Honorable Mentions. Congratulations to the winners!

TO READ THE FULL WRITE-UP OF EACH OF OUR WINNERS AND SEE THE PICS, VISIT: https://www.kennedyheights.org/home/kennedy-heightslandscape-award-winners-for-2022

Otis Elam, Jr., 3625 Zinsle Avenue. This is the second time that Otis has won a landscape award. In the 12 years that he's lived in his house, he's developed his garden so that he always has something in bloom throughout the growing season. As perennials fade, he adds annuals for color and tropicals such as elephant ears for bold foliage. He especially likes his lilies that tower over the other plants in midsummer. To take advantage of the sun, Otis tucks in vegetables such as tomatoes, peppers, and cabbages in his flower beds, and they look as ornamental as the rest of the plantings. Decorative pots of annuals fill unplanted corners. Otis admits that in the summer he spends most of his time in the garden. In the evenings, he sits on the porch among his houseplants, some that he's had for over 25 years, enjoying the view of what he has named his Little Ponderosa.

Jess Wieman and Eli Thompson, 5812 Valley View Avenue. Five years ago, when Jess and Eli moved to Kennedy Heights, their first landscaping projects were to build a chicken coop and plant a vegetable garden. Since then they have focused on gardening to attract birds, butterflies, and other pollinators. and service berries. Thanks to their thoughtful plan

Ed and Nancy Ciarniello, 3657 Davenant Avenue. When the Ciarniellos moved to their house five years ago, they renovated the inside of their home then turned their attention to the landscaping. Their goal was to make the entrance more welcoming by removing winter-creeper vines and junk trees.

Dave and Reyan Jardine, 3441 Woodford Road. Dave and Reyan are winning a landscape award for the second time. In

the 9 years that they've lived in their house, they've developed their garden from scratch to include a bed filled with Dave's favorite hostas, a colorful wildflower garden started from a dollar box of seeds, trailing perennials to complement their retaining wall, and containers filled with bright, eye-catching tender perennials such as mandevilla vines, hibiscus, and dahlias. Tony and Rosa Williams, 3808 Dunloe Avenue. This is also the second time that Tony and Rosa have won a landscape award. When they moved in 26 years ago, the only plantings were three shrubs. Now the garden is filled with hostas, some that they've had for years and have named after their children.

Honorable Mentions Rob and Jackie Brumley, 5724 Valley View Avenue Cole Ciambro, 3700 Aikenside Avenue Edith Holts and John Chambers, 3618 Solar Vista Sam Sence, 3626 Aikenside Avenue Sherry and Freddie Stonestreet, 6811 Bantry Avenue



Iris Inspirations by Laura Lennon

photo: Christina Miller

Six years ago we moved from Seattle and bought a 1924 era home. Iris Avenue in Kennedy Heights charmed us with its street trees, character houses and gas streetlights. Green rolling lawn carpeted our new back yard. After a bad storm, we discovered we also purchased a seasonal lake complete with a swimming mole! As the water rose, small rivulets seeped from our basement walls and ran to the drain. Our emergency solution involved my husband wading into the deepest part of the yard with a portable immersion pump.

For the past 5 years we've employed the pump while we racked our brains for a more permanent solution. The yard isn't boggy. The ground absorbs the water in about a week. We need a holding area that keeps the standing water

PLEASANT RIDGE RECREATION CENTER



Visit the Rec Center on a Saturday! From 9:00am - 2:00pm enjoy the weight room, shoot hoops in the gym, or play pickleball. The CRC also has rooms that can be reserved for Neighborhood Watch meetings or other community uses. Call (513) 731-7894.

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away from building foundations. The slope of our lot and volume of water work against solutions like French drains or dry wells. We chose a rain garden.

We're avid gardeners and a rain garden allows us to economically turn this problem into a feature. By timing how fast the pump filled a five gallon bucket, my husband calculated that the worst storms dump between 7,000 and 8,000 gallons of water into our yard. He then measured how much area we need to terrace to depths of one and two feet to accommodate the stormwater. The displaced dirt forms new raised beds. These elements will be the primary view of the back garden from our house. The goal is not to create a giant hole. We're making a terraced garden that has a hidden secondary function for storm water runoff. Currently the terraces will hold 8,500 gallons but can be scaled up if future storms increase in severity.

The fun part for me involves researching the plants for our new borders. I'm focused on native species that will support wildlife, provide seasonal interest and keep the costs down. We need plants that like getting their feet wet but can tolerate dry periods between storms. These should be prettier than drowning grass. And, oh darn, I get to grow new plants. Sometimes, gardening is the answer to life's problems.



In our last newsletter issue, we heard from longtime Kennedy Heights resident Bob Herring, who is also the President of the Cincinnati-Kharkiv Sister City Partnership (CKSCP). With the war in Ukraine expected to continue for some time, we spoke with Mr. Herring for an update.

The good news is that the Ukrainian army has advanced. The Russians had penetrated the city of Kharkiv but never occupied it. The Ukrainians pushed the Russians out to the ring road around the city (the rough equivalent in Cincinnati would be I-275) and then back to the Russian border. Kharkiv is still being shelled on an almost daily basis, but the Ukrainians continue to push back on the Russian army. "I don't think the Ukrainians are going to give up," says Mr. Herring.

The tough news is that winter is coming, and the Russians are expected to target the power grid. The Kharkiv Red Cross is raising funds to buy wood-burning stoves as well as gas and diesel generators for heating and cooking in case the electricity goes down. They are also raising funds for winter clothing and an additional ambulance. All donations to the CKSCP go 100% to the Kharkiv Red Cross to support these efforts.

The upcoming General Election on November 8 can also have an impact on our sister city. Currently, Ohio Senator Rob Portman sits on the Senate Foreign Relations Committee and has been a strong supporter of Ukraine. "There needs to be a voice for that in Congress," Mr. Herring says. "Our support for Ukraine does not weaken in the face of economic challenges." However, Senator Portman's term is ending, and he is not running for re-election. Democrat Tim Ryan and Republican JD Vance are vying for the seat. No matter who ends up winning, it will be important for residents to contact the new Senator from Ohio to express support for Ukraine.

For more information, including a link to donate, visit cincy-kharkiv.org.

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THINGS TO DO



Ellen Muse-Lindeman KHAC Executive Director

KENNEDY HEIGHTS ART CENTER

6546 Montgomery Road, Cincinnati, OH 45213

Gallery Hours: Tues., Fri. 10am – 5pm Sat., 11am – 4pm



Mallory Feltz, Dir. Exhibition & Public Art

Kennedy Collective Exhibition November 19 – January 14 Kennedy Gallery

The Kennedy Heights Art Center is pleased to announce the annual group show featuring new works by Kennedy Collective members in the Kennedy Gallery. The show includes new and previously unseen works in all media by local artists, including paintings, photography, collages, sculptures, fiber, and more. The exhibition also features Off the Wall: a collection of smaller works for \$50 each, with half the proceeds going to support Kennedy Heights Arts Center. The public is invited to join us at the Opening Reception on Saturday, November 19 from 6-8pm. Free, open to the public, light refreshments.

KHAC Art Shop & Holiday Art Market November 19– December 31

Looking for a special, one-of-a-kind gift for a loved one (or yourself!) this holiday season? Look no further! Every Winter the KHAC Art Shop expands to include our Holiday Art Market and offers an amazing array of unique, handmade items by more than 50 local artists, perfect for gift-giving this season. Give the gift of locally made goods! Options include jewelry, pottery, fiber works, ornaments, cards, and more. The KHAC Art Shop & Holiday Art Market is open Tuesdays – Fridays 10am to 5pm, and Saturdays 11am to 4pm from November 19th until the end of the year. Join us on Small Business Saturday, November 26 from 11am to 4pm for a Sip-n-Shop with free refreshments, live music, and door prizes! More information at www.kennedyarts.org.

Local Talent November 12 – December 31

Talented artists are all around us in our local community! View a variety of diverse artworks created by residents of Kennedy Heights, Pleasant Ridge, Silverton, and Amberley Village. Join us in celebration at the Opening Reception on Saturday, November 5 from 6-8pm. Free, open to the public, light refreshments. Gallery Hours are Tuesdays & Thursdays 12-5pm, and by appointment. The Lindner Gallery is located at the KHAC Lindner Annex, 6620 Montgomery Road, Cincinnati, OH 45213 (corner of Montgomery Rd and Kennedy Ave).

Winterfest Friday, December 2 5-9 p.m.

After a two-year hiatus, we're back! Kennedy Heights Community Council and Kennedy Heights Arts Center proudly present the16th Annual Winterfest. Winterfest is packed with fun, festive and FREE activities for all ages.

6:00 – 8:00 pm:

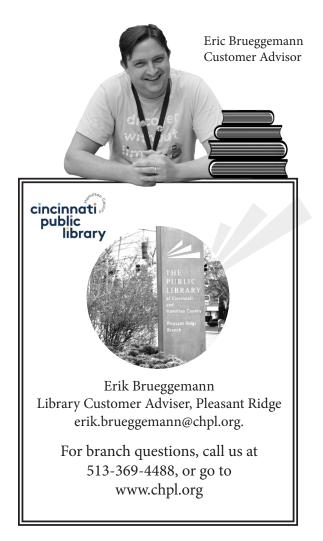
The festivities begin at the Kennedy Heights Arts Center with s'mores, kids crafty ornament making, and performances. Enjoy complimentary hot cocoa while you view the Annual Kennedy Collective exhibition and browse our Art Shop & Holiday Art Markets!

7:00 – 9:00 pm:

Join the family friendly party in KHAC's Lindner Annex. View an array of amazing artworks by area residents in the "Local Talent" exhibition. Enjoy live music, performances, food and drink, and other fun activities!

Go to www.kennedyarts.org for a full list of events and classes.





All branches of CHPL will be closed: 11/24/22, 12/25/22, 12/25/22, 1/1/23.

Building repair will keep The Pleasant Ridge Branch Library closed for all of November and December. We do not have a reopen date but are expecting it to be early 2023. The Pleasant Ridge book drop will remain available while we are closed.

IN THE MEANTIME

We will have pop up events in the neighborhood while we are closed. Check our website at www.chpl. org or call 513-369-4488 to learn more.

The Deer Park Branch is available for Homework Help, 3-6pm.

Afterschool snacks are available at the Norwood (3:30-4pm) and Bond Hill (4-5pm) Branches.

Storytimes will continue at Community Happens Here (6238 Montgomery Rd.) every Tuesday at 10:30 (toddler) and 11:15 (preschool), craftivity at 11 (all ages).

Adult Book Club will be held at The Coffee Exchange (6041 Montgomery Rd.) on Thursday, 11/10 at 2pm. Check the website for December's time and location.

Teens and adults are invited to the Human Library on Saturday, 11/12 between 11-4 at the All Saints Episcopal Church (6301 Parkman Place). Borrow a Human Book for a 30 minute conversation to break through judgement and make connections. Tentative titles include: Drag King, Mormon, Chronic Illness, Man on Wheels, Furry, and more.

MAY LIGHT AND HEALTH BE YOURS AS WE ENTER THIS SEASON OF CELEBRATIONS!



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